



Here is how you can make a difference...today!

Transportation: Walk the kids to school and walk, take the bus, MAX or bike to work and other activities. Combine errands Consider buying a hybrid or electric vehicle. Look for local products and minimal packaging. Buy carbon offsets for airline travel miles.

Energy: Turn off power strips to eliminate phantom power use. Replace incandescent bulbs with compact Fluorescents or LEDs. Wear a sweater and lower your thermostat. Lower your water heater's setting and consider a tankless replacement. Call Energy Trust of Oregon for a free energy audit. Contact PGE about renewable power options.

Food & Water: Reduce lawn areas and consider drought-resistant native plants. Eat healthy, locally grown foods. Install low-flow faucets and shower heads. Flush toilets less; replace them with water-efficient models. Reduce meat consumption (especially red meat) to lower methane emissions and other harmful waste products.

Reduce, Reuse, Recycle: Buy only what you need. Downsize your living space. Shop for lightly-used second hand products. Recycle at the curb and at St. Luke. . Start a compost pile at home. Give gifts of activities instead of "things".

Ready for more?

Get involved at church and in the community by exploring local environmental groups focused on renewable energy including **Power Past Coal**, **ELCA-based EcoFaith Recovery**, **350pdx** and **The Sierra Club**. Donate or plant a tree with Friends of Trees. Join a neighborhood ivy pull or SOLV clean-up. Help at our recycling events or other Environmental Stewardship projects. Join St. Luke's Environmental Stewardship committee! Please contact St. Luke member Michael Hall or the office to find out more.

Resources for Additional Study

In 1993, at the Church-wide Assembly, the ELCA adopted an environmental social statement titled "Caring for Creation: Vision, Hope and Justice". You can view or download this document by going to <http://www.elca.org> click on Resources, then Caring for Creation. A statement summary, and study guide are available as well as fact sheets: "Hunger and Climate Change" and "Poverty and Hunger in a Changing Climate".

Other resources with a Lutheran origin:

<http://www.lutheransrestoringcreation.org>

<http://www.ecofaithrecovery.org>

See additional resources at the website for Ecumenical Ministries of Oregon, <http://www.emoregon.org> then click on Environmental Ministries. Here you are invited to further action through Interfaith Network for Earth Concerns (INEC) and Oregon Interfaith Power and Light (OIPL).

Interfaith Power and Light is led by Episcopal Reverend Canon Sally Bingham, see more at <http://www.interfaithpowerandlight.org>

An organization for global action, led by Bill McKibben is described at <http://www.350.org>. See Bill McKibben's April 2013 Earth Day sermon at Riverside Church in New York by going to <http://www.youtube.com> then enter "Bill McKibben Riverside Church" in the search box. (22 minutes) Also on You Tube, search for "Bill McKibben Do the Math" for an 11 minute video See Reverend Desmond Tutu speaking on how climate change is ravaging Africa at You Tube, by searching for "Desmond Tutu on Climate Change" Reprise our recession song today at You Tube by searching for "Sing for the Planet"

<http://stlukechurch.com/serve/environmental-advocacy/>



St. Luke
LUTHERAN CHURCH